

## SUMMER ADVENTURE

In addition to TWP workshops, recreational activities and amenities will be provided by the Norfolk Department of Recreation, Parks & Open Space. Kayaking, rock-wall climbing, swimming, skateboarding, music/voice lessons, spoken word, video games, Wii® and picnics are just some of the activities and outings planned. All campers are eligible to participate in on-site activities. However, all field trips are reserved for those who have earned these incentives.



## FIELD TRIP TRANSPORTATION

Supervised, round-trip transportation to and from the camp location will be provided to field trip destinations. Some field trip transportation will be by private bus lines, walking, light rail and HRT busses. *Daily transportation to and from the camp location is not provided.* Leaders will not, under any circumstance, transport any camper to or from their home or any location.

# Camp INSPIRED 2014

For more information, visit  
[www.twpthemovement.org](http://www.twpthemovement.org)  
Or call 757-747-2679

2014 Camp Inspired Sponsors:

RECREATION, PARKS & OPEN SPACE

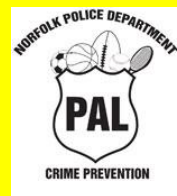


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Teens With a Purpose  
**THE MOVEMENT**



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# Camp INSPIRED 2014



A Free Camp for Teens

City of Norfolk

Middle & High School Students  
Rising Grades 7th-12th

Advanced Registration Required

Teens With a Purpose

Teens Creatively Cultivating the Next Generation of  
Leaders

## OVERVIEW

Camp Inspired is a curriculum-driven, teen leadership program offered free of charge that gives teens a unique summer experience, including outdoor activities, field trips, visual and mass media art, photography, videography, guest speakers, cookouts and so much more! Most importantly, Camp Inspired is led by powerful, passionate teen peer leaders, supported by an experienced adult team, who mentor other teens regarding issues that they face on a daily basis to include, self esteem, bullying and STDs.

Campers will utilize skits, role play, games, quizzes and videos as they develop important life skills such as healthy decision-making, leadership skills, positive self-esteem, career development and entrepreneurship as part of TWP's Learn 2 Lead. TWP *Teen Talk* - campers unpack the day's experience during a relaxing peer led discussion session covering topics such as peer pressure, bullying and diversity. *Teach Back* - campers creatively "teach back" what they have learned by utilizing their own creativity. In addition, camp includes a health-education component that includes cycling provided by PAL, yoga, Zumba® and gardening. The program curriculum will utilize Yes Dare to Dream's evidenced-based curriculum approved by the US Department of Health and Human Services and curriculum sponsored by Lighthouse Outreach, Inc.

Upon completion of Learn 2 Lead, campers are invited to join TWP where they can become peer facilitators, mentors-in-training and also become future Camp Inspired Junior Counselors! TWP members have the opportunity to create and present performances and workshops throughout the community, plan teen "edutainment" events, enjoy weekly teen gatherings, field trips and receive incentives.

## CAMP SCHEDULE

A two-week program

Monday, Tuesday, Wednesday	<ul style="list-style-type: none"><li>◆ Lunch</li><li>◆ How's It Growing?</li><li>◆ Learn 2 Lead</li><li>◆ Special Guest Workshops*</li></ul>
Thursday	<ul style="list-style-type: none"><li>◆ Lunch</li><li>◆ How's it Growing? Teen Garden</li><li>◆ Special Guest Workshops* or Field Trips**</li></ul> <p>Parents appreciation and graduation*** will be second Thursday of each camp</p>
Friday	<ul style="list-style-type: none"><li>◆ How's it Growing?</li><li>◆ Field Trips**</li></ul>

\*Special Guest Workshops include photography, spoken word, drama, dance, music, visual arts, cycling, and garden.

\*\*Field Trips: Include activities such as rock-wall climbing, swimming, laser tag and kayaking. Eligibility requirements apply. Field trip days, campers may return to the center after 5pm. Parents will be notified in advance.

\*\*\*Certification Eligibility: Completion of Learn 2 Lead training and full camp attendance required. Certifications will be given at graduation.

## REGISTRATION

### Camp Location:

Vivian C. Mason Teen Center  
700 E. Olney Road  
Norfolk, VA 23504

### Eligibility:

- Participants must be City of Norfolk residents in rising grades 7-12.
- Registration is accepted on a first come, first serve basis.
- Campers must agree to attend the complete two-week period.
- Campers may request to attend more than one session if space allows, but placement is not guaranteed.
- Enrollment: Min. 20; Max. 30
- Camp Four, Camp Inspired: *The Sequel*, is only open to returning Camp Inspired participants.

### Dates & Times

Choose one of four, two-week camps.

Hours: 12:00pm-4:30p Daily

**Camp 1** Mon-Fri June 23rd – July 3rd\*

**Camp 2** Mon-Fri July 21st – August 1st

**Camp 3** Mon-Fri August 4th – August 15th

**Camp 4** Mon-Fri August 18th – August 29th

\*Thursday July 3rd will be a full day of camp starting at 9:30am, no camp on Friday July 4th

### How to Register:

Registration forms available at

[www.Norfolk.gov/rpos](http://www.Norfolk.gov/rpos) and

[www.TWPTheMovement.org](http://www.TWPTheMovement.org)

Return completed registration form to:

Teens With a Purpose

Attn: Camp Inspired

700 E. Olney Road

Norfolk, VA 23504

For assistance with registration or more information, call (757) 747-2679.

### Registration Deadlines:

Camp 1: 5/26

Camp 3: 7/07

Camp 2: 6/16

Camp 4: 7/21